



Leadership is for everyone!

SCHEDULE



STORIES OF LEADERSHIP

Your stories are unique, powerful and hold meanings that aid in leadership development. Story circles are one of the most fundamental ways of being human. Engage in this simplistic and powerful tool with a circle of people to discover new meanings to your work and life.

NOV

9

**Start at
6:00 PM**



UNLOCKING YOUR VOICE WITH STORYTELLING

Join this workshop for a personal and collective exploration on the power of voice. Do you want your voice to be.....? The question unfolds uniquely for each of us and the collective intention is to gain personal clarity and be enlivened on what your voice means to you! This workshop is for anyone who is curious about voice. We explore it through story mapping, visual art and conversations.

NOV

16

**Start at
6:00 PM**



ART OF DESIGNING QUESTIONS

Questions are a powerful tool to unlock energy, generativity and creativity. Join this workshop to explore what it means to design and ask generative questions and how can they uniquely support innovation, change and creativity and support you with your work and projects.

NOV

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**Start at
6:00 PM**



FLOW GAME: WHAT CAN YOUR QUESTION DO FOR YOU?

The flow game is a game that helps us weave a sense of clarity and witnessing the strength of collective wisdom to illuminate possibilities around questions that relate to you work, life project or being a team. Play this game to gain unique perspectives to your biggest questions.

NOV

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**Start at
6:00 PM**



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EXPERIENCE THE "U"

TRAVEL THE 'U' - THEORY U



The theory U journey is a series of interconnected workshops that is supported by a theory U framework for leadership and systems change. It is a method for implementing awareness based change with practical methods and tools to move from intention to idea to prototype. Introductory session to the Theory U framework and its potential.

DEC

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**Start at
6:00 PM**

ART OF LISTENING



This is the first in the Theory U series where we work on the art of listening. How do we explore shared possibilities while leveraging our listening capacities as an individual and as a collective? This listening framework provides a structure for awareness in our level of engagement in conversations.

DEC

6

**Start at
6:00 PM**

CASE CLINIC



This is the second workshop in the Theory U series where we explore your current personal aspiration, leadership challenge that is current, concrete and important with the support of a learning circle.

DEC

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**Start at
6:00 PM**

LIMITED SPOTS AVAILABLE

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EXPERIENCE THE “U”

EMPATHY WALK/ DIALOGUE WALK



This is the third in the Theory U series where we expand on our ideas of leadership capacities and learning around it by engaging in a dialogue walk. The purpose is

1. To develop empathy for someone very different from yourself.
 2. To develop your skill in establishing a relationship across a significant boundary.
- Credits: Presencing Institute, Professor Ed Schein (MIT)

DEC
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**Start at
6:00 PM**

SENSING JOURNEY



This is the fourth workshop in the Theory U series. A methods for deepening a team's co-sensing through stakeholder interviews and engaging in a sensing journey as a team. Moving to the edges of the system and viewing it from a new perspective can provide insights that help you to align your initiative with the reality, needs, and future potential of the system/organisation you hope to impact.

DEC
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6:00 PM**

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EXPERIENCE THE "U"



SOCIAL PRESENSING THEATER

This is the fifth workshop in the Theory U series where we learn to harvest our embodied knowledge to gain clarity and wisdom in moving forward as a team or as an individual. It invites us into an experience of social awareness, knowing that is shared by a group, allowing to collectively sense into limiting patterns and also the well spring of collective potential. Activity: 20 minute dance
Credits: Arawana Hayashi, Presencing Institute

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Start at
6:00 PM



STUCK EXERCISE

This is the sixth workshop in the Theory U series where we work with social presencing theater engaging in the stuck exercise. Moving from the present to an emerging future through embodied practice of stuck exercise,. A process that transforms a present challenge in to a future possibility.

DEC
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Start at
6:00 PM



FIELD OF THE FUTURE JOURNALLING

Seventh workshop in the Theory U series. It is a guided journaling leading participants through a self-reflective process following the different phases of the U. This practice allows participants to access deeper levels of self-knowledge, and to connect this knowledge to concrete actions.

DEC
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Start at
6:00 PM

LIMITED SPOTS AVAILABLE

Reserve your spot now and make this holiday season truly memorable!

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EXPERIENCE THE "U"



3D MAPPING

3D Mapping is a tool that is practiced to bring multiple dimensions and perspectives to understanding how an idea, initiative or system might evolve. It is a hands on workshop where we trust the knowledge of our hands to move in to an emerging future as a team or as an individual.

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**Start at
6:00 PM**



THE FOUR DISTRACTIONS

Continuing to iterate and begin co-evolving your prototype. In this workshop, we continue to work on the principles and practices that have proven helpful in creating conditions to co-evolve a prototype, as well as "four distractions" that can interfere with your most essential practice - which is being present now.

DEC

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**Start at
6:00 PM**



FEEDBACK AND WRAP UP SESSION

Experience a silent dialogue process as we collect feedback and inputs on your experience of being through the Theory U journey. What powerful ideas, questions and practices are we leaving with?

DEC

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**Start at
3:00 PM**

LIMITED SPOTS AVAILABLE